

## How To Care And Communicate With Someone After Stroke

### Aphasia

difficulty in speaking, comprehending, writing and/or reading



Give them TIME to respond



Use SIMPLER sentences



Use OPTIONS or YES/NO questions

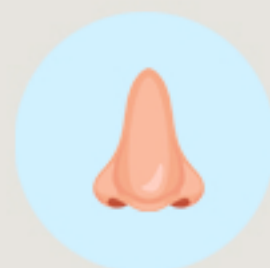


### Dysphagia

difficulty in swallowing



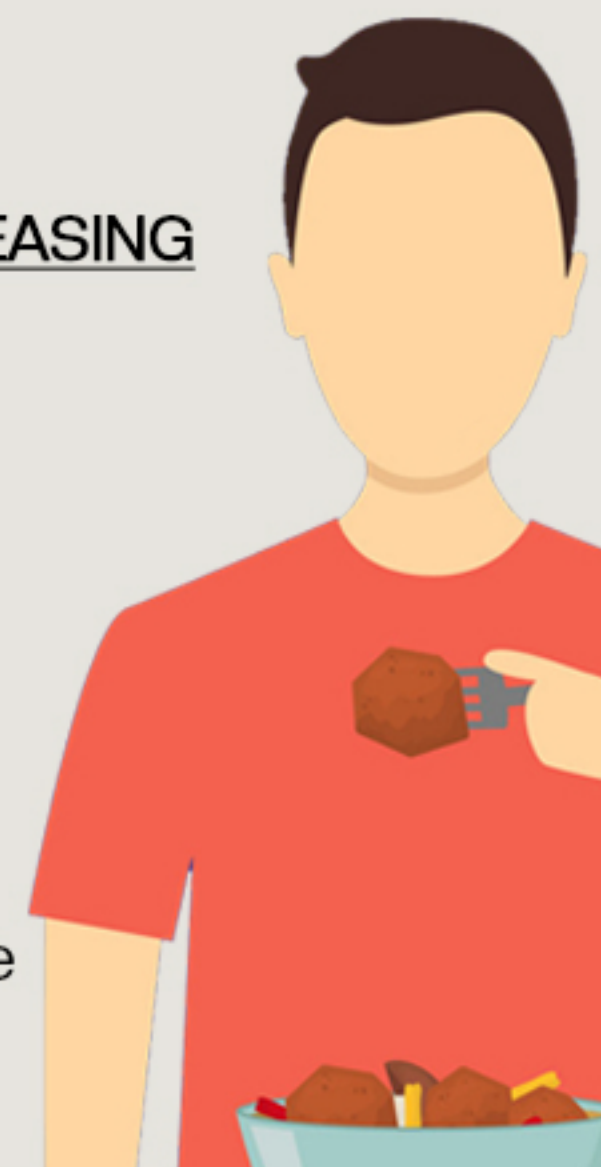
Make food VISUALLY PLEASING



SMELL before biting



CONVERSE during mealtime



### Dysarthria

difficulty in saying different sounds and letters due to the weakness in the different parts of the mouth



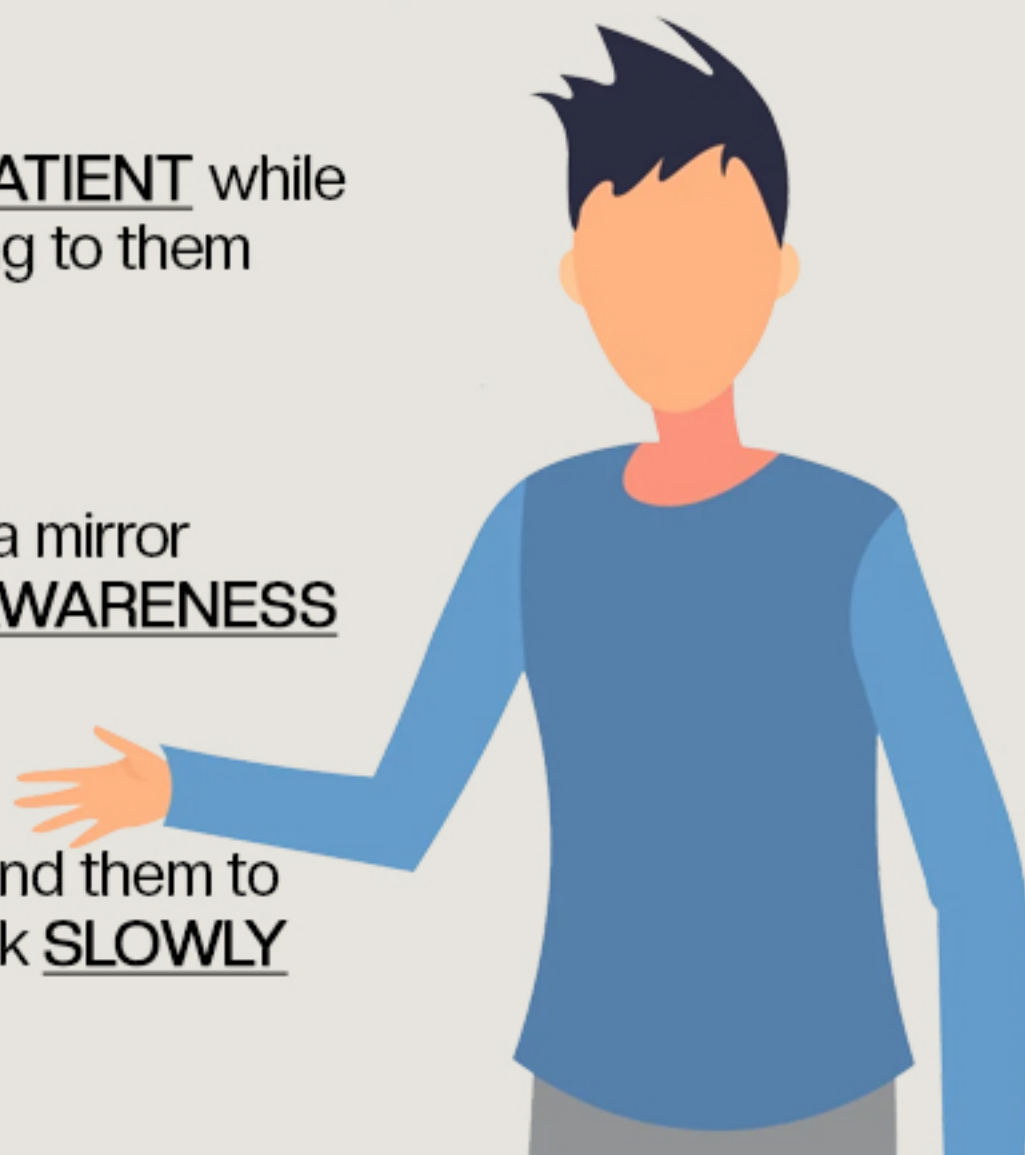
Be PATIENT while talking to them



Use a mirror for AWARENESS



Remind them to speak SLOWLY



### Dysphonia

abnormal voice quality affecting daily communication



Minimize NOISE



Maintain a good DISTANCE



RECORD their voice

